



'We're Still Standing:

Supporting the Rights of Women and
Children Fleeing Violence'

NAWP Report Card



Providing accessible services	% service users who found it easy to access the service by telephone	90
	% service users who found the 'in-person office-based service' easy to contact	95
Providing good and useful information	% service users who found that the information provided was good and useful	91
	% service users who said that they were given good explanations about their cases by staff	90
Keeping commitments	% service users who said they received the kind of service and support that had been explained to them	98
Having a positive impact	% service users who said their self esteem and confidence had increased after having used NAWP's services	94
	% services users who said their coping abilities and skills had improved after using NAWP's services	93
	% service users who had more awareness of the support available to them	93
	% service users who felt empowered by NAWP	91
	% service users who said they were making better decisions for their lives after having used NAWP's services	91
Satisfaction	% service users who were satisfied with NAWP as a provider	96

Refuge Service

NAWP's refuges are funded by Supporting People in Newham and Haringey. NAWP's Refuge Service was opened in Newham in June 1987. In 2001, it expanded to the London Borough of Haringey when two first stage refuges were acquired. With the additional bedspaces and staff, NAWP was able to increase its capacity for safe accommodation and housing support services to women and their children fleeing domestic violence. The service currently manages 25 bedspaces.

	2008	2009
Number of women accessing refuges	49	60
Number of children accessing refuges	31	35
Average demand for space in a specialist South Asian women's refuge (approximate figures)	150 per year over the last 3 years	

Training Service

The Training Service was set up in 1996 to target local South Asian women whose limited English skills prevented them from accessing education, employment, social and cultural activities. Over the years, the Training Service has provided mainstream training and education to South Asian women as well as vocational courses. The service targets women in the NEET group and supports women suffering from isolation, lack of self esteem, depression, violence and abuse.

The last year that the Training service was fully funded was 2007. In 2007, 101 were trained of which 57 women completed ESOL training and 44 women completed Childcare Level 2 courses. Of those women who completed courses, 42 progressed to employment and 32 completed an employability qualification. The service expanded in 2007 to provide support all BAME women.

	2008	2009
Total women recruited between 2008 and 2009	238	
Total women receiving qualification	138	98
Total job outcomes	21	
Total in further progression	12	

NEWHAM
ASIAN
WOMEN'S
PROJECT



In 2008 and 2009, NAWP ran a skeleton service with remarkable achievement. NAWP offered qualification in ESOL, Childcare level 1, Pre-school Practice, Skills for Life, IT and Health and Social Care. NAWP achieved employment outcomes for women in schools/nurseries, Health and Social Care settings, retail and in reception and administration posts.

Knowing the importance of training for women in the NEET group, NAWP kept a training service running, pulling in small pots of funding from available sources. The service deserves recognition as an Ofsted inspected service achieving a grade of A. Along with the recognition funders should make an investment. NAWP now also provides its training service to BAME women.

Legal Services

The Women's Advice Service was launched in January 2007 receiving funding from the Big Lottery Fund. The aim of the service is to improve access to and availability of advice services to South Asian women in areas including domestic violence, welfare and housing rights and immigration.

	2008	2009
Number of service users accessing the service	980	1108

Zindaagi Service

Zindaagi is funded by LBN NewCops, City and Hackney PCT, Paul Hamlyn Foundation and CAMHS. Zindaagi's ethos and development is based on preventative and early intervention work with young women and it is one of the few specialist support services for young Asian women who are vulnerable to self-harm and suicide across East London. Zindaagi provides a range of activities including issue-based workshops, activity sessions, residentials, training, age-specific support groups and counselling. Zindaagi was involved in the first ever National Inquiry into Young People and Self-harm in an advisory capacity. The Inquiry Report went on to highlight Zindaagi as a model of Good Practice. It was short listed for the Health Services Journal (HSJ) Award 2006 under the category for Mental Health Innovation. We were last fully funded in 2008. The reduction in funding in 2009 meant that we were working in fewer schools and therefore, supporting slightly fewer young women.

	2008	2009
Total number of young women accessing the project	256	306
Number of young women accessing issues-based workshops and support groups	256	230
Number of young women accessing counselling support	146	61
Number of young women participating in residentials	65	60

Counselling Service

The Adult Counselling Service is funded by Newham PCT. It was set up in 1997 for local Asian women. The service offers short-term counselling in Asian languages and works with women to build up their self esteem and confidence, and improves their coping strategies. By 2009, the service was only able to employ 2 adult counsellors (down by 1 from the previous year).

	2008	2009
Number of women accessing the service	90	88

NAWP has provided services to women and children fleeing domestic violence for well over two decades, supporting thousands of women to pathway into safety and security ensuring that they live their lives free from violence and harm. After leaving NAWP's refuges women have gone on to build their lives, setting up their homes, supporting the education of their children and working to sustain their families. We are all well aware of the contribution of women's work to the public, economic and social life of the country. NAWP and her sister organisations are facing severe spending cuts and many of the refuges that provided safety to women and children may cease to exist. Some may be commissioned to other providers who have little experience of providing domestic violence services. To all commissioners, women only domestic violence services, and specialist services like NAWP are very much needed and should be supported through funding. We should all come together to end violence against women and girls. It is important that NAWP and women's organisations like her are able to provide the services where they have expertise, knowledge and experience. Figures on how much this sector saves can be found throughout this calendar. Study these figures and support NAWP. In times where savings have to be found, it must be recognised that women only domestic violence services already exist and have produced cost savings for many years. Avoid the crisis and support the work of NAWP.

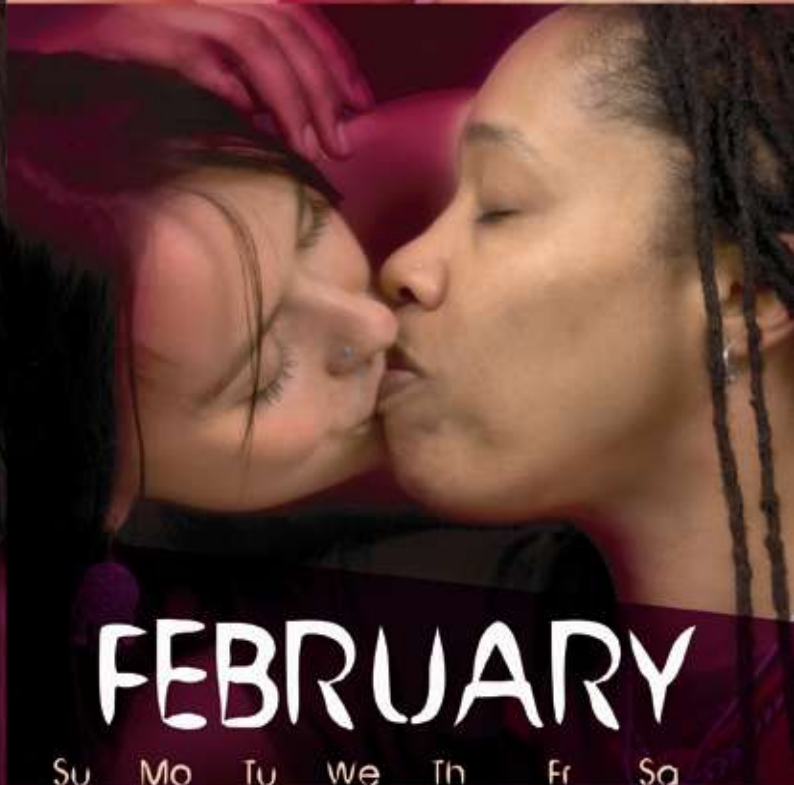


JANUARY

Su	Mo	Tu	We	Th	Fr	Sa
						1 New Years Day
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

“ We need government support
to help NAWP with housing issues...”

(NAWP Service User, Aged 35-54, NAWP Annual Survey 2010)



FEBRUARY

Su Mo Tu We Th Fr Sa

		1	2	3	4	5
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20	21	22	23	24	25	26
27	28					



"I had had a very traumatic childhood. My family is dysfunctional. I left home due to conflict and violence. I was 18 years old and had the best time in my life from then."

plan for my future

and
live my life"

(NAWFP Service User, April 13th 2016)

notable dates - 14th - Valentines Day



MARCH

Su Mo Tu We Th Fr Sa

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29	30	31				

Domestic violence accounts for a quarter of all violent crime and 25% of women are victims of domestic violence.

Two women a week are killed by partners/ex-partners.

"I joined a group to help myself and activities, which I have enjoyed. Being there has helped me overcome some fears, which may have made it difficult if I was not at this youth group. Being a part of the group has made me think deeply about the world and how to grow up and

get somewhere in life.

"I don't think I grew a lot, but I did learn about my rights and how to deal with my life, which has been the best part..."

(NAPF Service User, Aged 16-17, 2008)



"LIVE MY LIFE"

"HELP FOR WOMEN"



"MORE AWARE"

"PLAN FOR MY FUTURE"

"I DO NOT FEEL ISOLATED"



"GET SOMEWHERE IN LIFE"

"UNDERSTAND MY NEEDS"

"THAT'S WHY I CAME NAWP"

APRIL

Su Mo Tu We Th Fr Sa



"LIVE AND FULFILL"

ALL MY DREAMS"

					1	2
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24	25	26	27	28	29	30

"I am a Bengali woman and I was suffering a lot from depression. My GP told me to come here. I needed support with depression and also Bengali speaking staff. I was told it would be a good place for me..."

(Aged 35-54, NAWP Annual Survey 2010)

notable dates - 7th - World Health Day, 22nd - Good Friday, 25th - Easter Monday



PEACE



JUSTICE



BLACK WOMEN'S

TRADITION

STRUGGLE NOT

SUBMISSION

NEWHAM
ASIAN
WOMEN'S
PROJECT



HUMAN

RIGHTS

MAY

Su Mo Tu We Th Fr Sa

"...NAWP has been really good and helpful especially for Asian women who go through domestic violence...being an Asian woman I feel like there is no one I can turn to who would believe

what I am going through"

(Refuge service user, 25-34 years) NAWP Annual Survey 2009

"...It has had a really good impact on my life, Before I came to NAWP I had difficulty explaining my problems...

now I am able to deal with problems I face"

(Refuge service user, 25-34 years) NAWP Annual Survey 2009

1	2	3	4	5	6	7
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22	23	24	25	26	27	28
29	30	31				

noteable dates - 2nd - Early May bank holiday, 28th - International day of action for women's health, 30th - Spring Bank Holiday



JUNE

Su Mo Tu We Th Fr Sa

			1	2	3	4
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26	27	28	29	30		

"...I was in a horrible place. I was in darkness. Since I came to NAWP I can see the light. I didn't know there was help for women like me. I am happy there is NAWP..."

(NAWP Service User, Aged 35-54, NAWP Annual Survey 2010)



JULY

Su	Mo	Tu	We	Th	Fr	Sa
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31						

In 30% of cases domestic violence onsets or escalates during pregnancy.

46% of respondents knew of cases where a violent parent had used contact proceedings to track down his partner. **(Saunders and Barron 2003).**

29 children in 13 families were killed between 1994 and 2004 as a result of contact arrangements in England and Wales, 10 of them since 2002. In five of these families contact was ordered by the court. **(Saunders, 2004).**

In the year 2001, there were 55,743 applications for contact orders under the Children Act 1989. Of those, only 713 (1.3%) were refused. **(Lord Chancellor's Department, 2002).**

A survey of 130 abused parents found that **76%** of the 148 children ordered by the courts to have contact with their estranged parent were said to have been abused during visits – 10% were sexually abused, 15% were physically assaulted, 26% were abducted or involved in an abduction attempt, 36% were neglected during contact, and 62% suffered emotional harm. Most of these children were under the age of 5. **(Radford, Sayer and AMICA, 1999).**



AUGUST

Su Mo Tu We Th Fr Sa

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21	22	23	24	25	26	27
28	29	30	31			



"...I was living with my husband and in-laws for 6 years. I was not allowed to learn English and felt repressed. After living in the refuge I felt free to use my time how I want and have my own space which no one can invade. For the first time I am able to

live and fulfil all my dreams

thanks to NAWP... I like having the freedom

to live independently"

(NAWP Service User, Aged 25-34, 2008)

notable dates - 11th - Children's Day, 29th - Summer bank holiday



SEPTEMBER

Su Mo Tu We Th Fr Sa

				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Violence against women has serious consequences for their physical and mental health, and women who have experienced abuse from her partner may suffer from or chronic health problems of various kinds. (Crisp and Stanko, 2001 in Smith 2004).

Abused women are more likely to suffer from depression, anxiety, psychosomatic systems, eating problems and sexual dysfunction. Violence may also affect their reproductive health. (WHO, 2000).

70% of incidents of domestic violence result in injury. (compared with **50%** of incidents of acquaintance violence, **48%** of stranger violence and **29%** of mugging.) (Women's Aid, 2004).

75% of cases of domestic violence result in physical injury or mental health consequences to women. (Walby and Adam, 2001).

Between **50%** and **60%** of women mental health service users have experienced domestic violence, and up to **20%** will be experiencing current abuse. (Women's Aid, 2004).



OCTOBER

Su Mo Tu We Th Fr Sa

2	3	4	5	6	7	8
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30	31					

“I am very happy

that I am at a refuge where there are Asian women. We have a similar background, speak similar languages so I am very comfortable...”

(NAWP Service User, Aged 35-54, NAWP Annual Survey 2010)



NOVEMBER

Su Mo Tu We Th Fr Sa

		1	2	3	4	5 <small>Guy Fawkes Night</small>
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

"If I knew about NAWP 9 years ago it would have improved my life and made me

more aware

of the services that are there for women like me..."

(NAWP Service User, Aged 15-34, NAWP Annual Survey 2009)

ABOLISH
~~2~~ **YEAR**
IMMIGRATION
RULE
~~NO~~ **W!**

STARK
CHOICE
DOMESTIC
VIOLENCE
OR
DESTITUTION

LACK
WOMENS
ADDITION
STRUGGLE
MISSION

New Asian
 Women's Project
 2010 Anniversary (1991-2010)

DECEMBER

Su Mo Tu We Th Fr Sa



"...I had been suffering domestic violence for twelve years.
 That's why I came to NAWP."

(NAWP Service User, 25-34, NAWP Annual Survey 2009)

				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
Christmas Day	Boxing Day					

noteable dates - 1st World AIDS Day, 10th Human Rights Day, 25th Christmas Day, 26th Boxing Day

NAWP Staff and Management Team

Management Committee

Chair	Anjum Mouj
Vice Chair	Surriya Ahmad
Treasurer	Palvinder Kudhail
Secretary	Saika Alam

NAWP Staff

Director	Baljit Banga
Senior Management Team	Shahnaz Rashid (resigned 15 August 2010)
	Fatima Seedat
	Kaveri Sharma
	Gurpreet Virdee (resigned 22 September 2010)
Central Services	Shahina Begum Riffat Jabeen Amena Khanom
Legal Advice	Fozia Choudhary Dipa Shah
Refuge	Mina Hossain Khanam Rahima Khokhar (resigned 21 July 2010) Farah Mian Saira Razaq Poppy Rehman Shahana Rehman Syrina Salam Shabana Sharif
Training	Anika Kothari
Zindaagi	Anam Ali Poppy Banerjee Aarunima Bhatnagar Hatel Bhatt Zephyr Devon Zainab Khan

Newham Asian Women's Project

Statement of Financial Activities (Incorporating an Income and Expenditure Account) For the year ended 31 March 2009

	Restricted £	Unrestricted £	2009 Total £	2008 Total £
Incoming resources				
Incoming resources from generated funds				
Voluntary income	-	10,438	10,438	12,189
Investment income	-	4,126	4,126	6,408
Incoming resources from charitable activities				
Safe accommodation and housing support	46,322	550,595	596,917	545,684
Legal advice	96,494	-	96,494	24,007
Mental health services	120,144	-	120,144	206,530
Health intervention & prevention programme	60,102	-	60,102	63,806
Training	109,466	63,550	173,016	114,000
TEENS (early intervention & prevention)	30,000	-	30,000	-
Total incoming resources	462,528	628,709	1,091,237	972,624
Resources expended				
Cost of generating funds				
Fundraising and publicity	-	17,103	17,103	33,537
Charitable activities				
Safe accommodation and housing support	49,412	504,538	553,950	539,108
Legal advice	95,630	-	95,630	29,077
Mental health services	126,165	-	126,165	227,039
Health intervention & prevention programme	63,590	-	63,590	77,236
Training	84,389	26,248	110,637	183,035
TEENS (early intervention & prevention)	32,214	-	32,214	5,595
Governance costs	-	15,382	15,382	19,584
Total resources expended	451,400	563,271	1,014,671	1,114,211
Net incoming/(outgoing) resources before transfers	11,128	65,438	76,566	(141,587)
Transfers between funds	7,852	(7,852)	-	-
Net movement in funds	18,980	57,586	76,566	(141,587)
Funds brought forward	33,937	44,808	78,745	220,332
Funds carried forward	52,917	102,394	155,311	78,745

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in note 12 to the financial statements.

A. Mous

Chair of NAWP

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'We're Still Standing:

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Acknowledgements Newham Asian Women's Project would like to thank our numerous friends and supporters. We acknowledge your commitment to the work of the organisation and look forward to collaborating with you further in the years to come.

Newham Asian Women's project would like to thank all the women and girls who participated in the making of this calendar. Thank you for helping to tell the story.

**Jesmin Begum · Estelle du Boulay · Anita Kirpal · Raggi Kothak · Marai Larasi · Adiba Mahmood · Ria Sofi Menon
Dipti Morjaria · Teya Ruby Mouj · Prity Patel-Bedia · Gulshun Rehman · Nawal Shahzada**

We would also like to thank the young women and girls who participate in our youth groups - Teens@NAWP and Girls Allowed. They worked on some of your props.

This project could not have been completed without you. Thank you for sharing and for being a part of NAWP, and creating with us a space where our identity is strong and each individual feels empowered.

Newham Asian Women's Project gives a special thanks to our patron Meera Syal for her ongoing contribution, belief in our work and the support that is always there for the organisation.

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